### **DIABETIC WOUND MANAGEMENT® COURSE**

Overview

EDUCATIONAL COURSES FOR LPN/LVN • RN • NP • PA • MD • DO • DPM • PTA • PT

# Diabetes Continues to Grow, and So Does the Need for Better Diabetic Patient Care

The cost to treat the growing population of diabetics in the U.S. continues to skyrocket. Treatment costs of these often preventable injuries are rising, and so are diabetic readmission rates. Health care organizations are feeling the pressure with lower performance and reimbursement metrics that go right to the bottom line.

In order to combat the diabetic crisis in the U.S., practitioners need to be better equipped with condition specific knowledge and skills to improve patient outcomes and reduce unnecessary expenditures. The **Diabetic Wound Management®** course from the **Wound Care Education Institute®** provides learners with focused education on the unique needs, complications, and holistic treatment of diabetic patients.

This is no "test-prep" course - this is **career prep education**. WCEI® provides up-to-date clinical education that that your team will **learn today and use tomorrow** to improve patient care. Our diabetic courses are taught by Board Certified DWC® physicians who are passionate about caring for diabetic patients.

Find out how WCEI can help your team better meet the needs of your diabetic patients and improve your organization's performance.

### About the Wound Care Education Institute

For nearly 20 years, the Wound Care Education Institute (WCEI) from Relias has been preparing practitioners for the real-world with intensive, continually updated education in wound and ostomy management. With mentoring from our certified and highly engaging instructors, plus the support of our network of more than 37,000 alumni, WCEI provides the knowledge, skills, and professional growth needed to improve reimbursement, reduce unnecessary readmissions, and drive optimal patient outcomes.

### **MAKE EDUCATION A COMPETITIVE ADVANTAGE**

#### **Onsite Course**

### Private onsite course available for groups of 10 or more learners!

Our signature, classroom-style course held across the country. Features 4 consecutive days of learning, with the opportunity to sit for the National Alliance of Wound Care and Ostomy® certification exam upon completion.

### **NEW! Live Online**

## Private live online course available for groups of 10 or more learners!

Live, interactive, and instructor-led in our stateof-the art virtual classroom - the same course as our Onsite Course from the comfort of home. Features 4 consecutive days of online learning including hands-on labs covering sharp debridement and nail trimming.

### **Self-Paced Online**

Our most flexible option allows you to learn on your own time and at your own pace, with up to 180 days of access to course materials.

### **Better Education Means a Better Bottom Line**

Education from WCEI is a great long-term investment for your practitioners that pays off to your bottom line:

- We prepare your team for their careers, not for a single certification exam.
- Our instructors are engaging, board certified, and practicing diabetic wound professionals providing real world insight into diagnoses, treatment, and prevention.
- WCEI provides your team holistic diabetic wound education that dramatically improves their knowledge and skills at bedside, which drives better reimbursement and higher patient satisfaction.
- If you have 10 or more learners, we can offer a private onsite or online course for your team that is tailored to your processes and culture.

### The WCEI® Advantage - Education Built for Success

WCEI better prepares your team with valuable tools to make the most of their education, including:

- · Access to course materials up to 30 days prior to the start of
- Knowledge checks and practice questions after every lesson
- Study-support tools like learning games and clever digital flashcards to reinforce understanding of concepts
- Full-length, timed practice exams to gauge exam readiness
- A mobile-friendly format to study on the go
- One year of access to more than 650 courses on Nurse.com at no additional charge!

### **Examination Eligibility**

Those wishing to take the Diabetic Wound Certified® (DWC®) board certification must meet the following criteria:

- Active, unresetricted license in the profession of: LPN/LVN, PT/PTA, RN, NP, PA, MD, DO, DPM
- Completed an NAWCO® approved diabetic skin and wound management course
- Can meet one of the following requirements:
  - Currently holds an accredited certification in wound care (WCC®, CWS®, CWCN®, CWON®, CWOCN®) OR...
  - o Documented active involvement in the care of diabetic patients, or in management, education or research directly related to diabetes while actively licensed for at least 2 years full time or 4 years parttime within the past 5 years.

Do you have examination questions? Contact the accrediting board, the National Alliance of Wound Care and Ostomy® (NAWCO®) at 877-922-6292 or visit nawccb.org.

### **Course Learning Objectives**

- Describe the difference between type 1 and type 2 diabetes.
- Discuss overall epidemiology of diabetes and incidence of diabetic foot
- Discuss the basic anatomy and physiology of the foot.
- Describe the gait cycle.
- Identify 2 of the major functions of normal gait.
- List the 6 clinical presentations of diabetic neuropathy.
- List the neuropathic pain descriptors of distal symmetrical sensorimotor polyneuropathy.
- Differentiate characteristics of somatic and autonomic nervous system.
- Identify 5 components of a comprehensive diabetes foot exam.
- Summarize risk factors, causes, and classification of diabetic foot ulcers
- Name and explain characteristics of at least 3 common skin complications associated with diabetes.
- Discuss overall effects of diabetes and impaired wound healing.
- Classify diabetic foot infections and choose treatments based on this classification.
- Summarize assessment findings and treatment recommendations for diabetic foot ulcer complicated by osteomyelitis.
- Explain the theory of moist wound healing.
- Identify 5 factors which enhance or impede the wound healing process.
- Identify 5 different dressing categories for topical wound management.
- Demonstrate procedure for conservative sharp debridement.
- Explain the rationale for offloading and footwear in the patient with neuropathy.
- Distinguish at what point in the diabetic wound one should consider "adiuvant therapy."
- Explain the importance of nutritional interventions and glucose control for the wounded diabetic.
- · Describe and differentiate examples of diabetes related distress and diabetes associated depression.
- Define 2 clinical terms associated with pain.
- Identify 4 characteristics of peripheral arterial disease.
- Summarize types of pain and potential complications experienced post amputation.
- Demonstrate application of total contact cast.
- Summarize basic nail and skin care recommendations for the person with diabetes.
- Describe 3 interventions or methods to assist patient in compliance with care plan.
- · Demonstrate procedure for trimming and filing of toenails.
- · List 3 types of learning in adult learners and describe one example of each.
- Discuss importance of evidence based standards of care and specify examples of 2 diabetes associated practice guidelines.
- Select safe topical treatment options based upon wound assessment and goal of wound care.
- Select appropriate diabetic foot ulcer treatments and interventions based upon wound characteristics and goal of treatment.

### **Continuing Education Statements**

The course materials and evaluation form must be completed to receive a certificate of completion.



Nurses: ONSITE & LIVE ONLINE: Relias, LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Relias LLC is approved by the California Board of Registered Nursing, Provider #CEP13791 for 29.50 contact hours. Certificate must be retained by the licensee for a period of 4 years after course completion SELF-PACED ONLINE: In support of improving patient care, Relias LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Relias LLC is approved by the California Board of Registered Nursing, Provider #CEP13791 for 26.75 contact hours. Certificate must be retained by the licensee for a period of 4 years after course completion

Physical Therapists: ONSITE & LIVE ONLINE: Relias LLC is a licensed physical therapy continuing Education sponsor (#216.000290) by the Illinois Department of Financial and Professional Regulation.

Certificates must be retained by the licensee for a period of 5 years after course completion. The Diabetic Skin and Wound Management Course is approved for 29.5 contact hours for physical therapists and physical therapy assistants. Please check with your state for prior approval. SELF-PACED ONLINE: Relias LLC is a licensed physical therapy continuing Education sponsor (#216.000290) by the Illinois Department of Financial and Professional Regulation. Certificates must be retained

by the licensee for a period of 5 years after course completion. The Diabetic Skin and Wound Management Course is approved for 26.75 contact hours for physical therapists and physical therapy assistants. Please check with your state for prior approval.



Physicians: ON SITE & LIVE ONLINE: In support of improving patient care, Relias LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Relias LLC designates this live activity for a maximum of 29.50 AMA PRA category 1 Credits<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. SELF-PACED ONLINE: In support of improving patient care, Relias LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team

Relias, LLC designates this enduring material activity for a maximum of 26.75 AMA PRA categiry 1 Credits<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the

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