

Long-Term Care Staff Travel Decision Tree

LTC Staff Member Returns from Traveling*

*The CDC defines travel as the use of public transportation (i.e., airplane, bus, train). However, the activities at the location should be taken into account even if the individual does not take public transportation to the location.

The Indiana Department of Health has clarified that commuting to work is not included for purposes of the [Travel Guidance for Health Care Personnel](#).

**Fully vaccinated means 14-days after the second shot in a two-shot series, or 14-days after the first shot in a one-shot series.

Is the LTC staff member fully vaccinated? **

Yes

No

Domestic Travel: LTC staff member does not need to get tested or self-quarantine before or after travel if asymptomatic.

International Travel: LTC staff should get tested no more than 3 days before travel and 3-5 days after arrival, but the LTC staff member is not required to self-quarantine.

LTC staff member should self-quarantine for 7-10 days upon return. If a staff member tests negative 3-5 days upon return, the staff member only needs to self-quarantine for 7 days. If the staff member does not get tested upon return, the staff member should self-quarantine for 10 days. Whether the staff member quarantined for 7-10 days, the staff member should still avoid being around those who are at increased risk for severe illness for 14 days.