



CMS Issues New Recommendations to Nursing Homes, State & Local Governments

On Thursday, April 2, the Centers for Medicare & Medicaid Services (CMS), in consultation with the Centers for Disease Control and Prevention (CDC), issued new [recommendations to state and local governments, as well as nursing homes](#), to help mitigate the spread of COVID-19 in nursing homes.

The recommendations announced last night include:

- Nursing homes should immediately ensure that they are complying with all CMS and CDC guidance related to infection control, particularly focusing on consistent hand washing and changing and removing of PPE based on preliminary data from infection control focused surveys.
 - [Hand hygiene technique](#)
 - Focused survey [self-assessment tool](#)
 - [CDC guidances](#)
 - [Conserving PPE](#)
- CMS/CDC urges State and local leaders to consider the needs of long term care facilities with respect to supplies of PPE and COVID-19 tests.
 - Medicare is now covering COVID-19 testing when furnished to eligible beneficiaries by certified laboratories. These laboratories may also choose to enter facilities to conduct COVID-19 testing.
- Nursing homes should immediately implement symptom screening for all staff, residents, and visitors – including temperature checks.
 - An exception to this is Emergency Medical Service (EMS) workers responding to an urgent medical need. They do not have to be screened, as they are typically screened separately.
 - Facilities should limit access points and ensure that all accessible entrances have a screening station.
 - Patients and residents who enter facilities should be screened for COVID-19 through testing, if available.
 - This new guidance can be provided to get the hospitalized patient tested before admission to the nursing home.
- Nursing homes should ensure all staff are using appropriate PPE when they are interacting with patients and residents, to the extent PPE is available and per CDC guidance on conservation of PPE. The recommendations provide **NEW** detail on steps to take including:

- **All long-term care facility personnel in the country should wear a facemask while they are in the facility.**
- Full PPE should be worn per CDC guidelines for the care of any resident with known or suspected COVID-19 per CDC guidance on conservation of PPE.
- To avoid transmission within nursing homes, facilities should use separate staffing teams for residents to the best of their ability, and the administration urges nursing homes to work with State and local leaders to designate separate facilities or units within a facility to separate COVID-19 negative residents from COVID-19 positive residents and individuals with unknown COVID-19 status. The recommendations provide detail on steps to take.