Indiana Health Care Foundation Board of Directors

Laurie E. Martin
Chairperson
Partner, Hoover Hull Turner LLP

Laurie E. Martin is a partner with Hoover Hull Turner LLP. She practices in the areas of business litigation, employment litigation and consulting, and ERISA litigation. Laurie is admitted to practice before all state and federal courts in Indiana, and before the U.S. Court of Appeals for the Seventh Circuit. Laurie has achieved the highest peer review rating (AV Preeminent®*) provided by Martindale-Hubbell, and was selected for inclusion in the listing of Indiana Rising Stars®** (2010, 2014, 2015).

Chris Murray
Vice Chair
President
Caitlin-Morgan

Chris Murray has been President of Caitlin Morgan Insurance Services since 2006. He is responsible for providing strategic leadership for the company by working with management and vendor partners to establish long-range goals, strategies, plans and policies.

Chris has more than 22 years of experience in the Alternative Risk Financing industry. He has managed various alternative risk insurance programs from Self-Insurance to Captive Programs. Chris serves as President and Chairman of the Board for Midwest Insurance Group, Inc, a Risk Retention Group domiciled in Vermont. He also serves as Vice President with M.R. Mead and Company, a well-respected captive management company. In addition, Chris serves as Vice Present of Constitution Insurance Company, LLC, a segregated cell captive domiciled in Tennessee.

Chris works closely with the Indiana Nursing Home Associations and serves as a board member of the Indiana Healthcare Foundation, a non-profit charity offering scholarships to those in the healthcare industry. He served on the board of directors of the Arizona Captive Insurance Association and later served as President of the association.

Chris obtained his undergraduate degree from Butler University where he majored in accounting and later obtained his CPA designation in 1995.

Jennifer Gappa, RN
Secretary
Jennifer Gappa, RN is a certified HR Professional-PHR and S-CP and licensed as a Health Facilities Administrator. She earned her RN from Purdue and BA from St. Francis College and holds an MBA from Indiana Wesleyan University. She has extensive long term care experience as an Administrator, Director of Nursing, Nurse Consultant and Medicare Nurse Specialist. Since joining the staff of Miller’s 16 years ago, she has served as the Administrator of Miller’s facilities in New Carlisle and Logansport before assuming the position of VP of Human Resources in 2010. In addition to the established duties of the HR Department, Boyle cites Gappa’s wide-ranging clinical management experience and her advanced education as key to her role of promoting the company’s emphasis on skill training, policy development, and leadership enrichment.

Gappa is a board member for Michiana SHRM, and an active member of the Indiana Health Care Association, serving as a past board member and as a current member of the Education and Regulatory Committees. She is a Senior Examiner and Future Leader for the American Health Care Association, as well as a past member of the Ethics Advisory Board. She currently serves on the Indiana State Board of Health Facility Administrators. Gappa and husband, AJ, have 3 grown children and reside at Bass Lake.

Shelia Guenin is the Senior Vice President of Long Term Care for Health & Hospital Corporation. She has over 35 years’ experience in long term care having served the profession as an administrator, facility owner, and management consultant. She is the former President of Herrin Associates Co. Inc. a management consulting firm where she served nursing home and assisted living providers in the Midwest for over twenty-five years. She attended IUPUI, Indianapolis. Shelia was appointed by the Indiana Health Facilities Council as a State Monitor and CMP Consultant and has served the long term care providers, residents, and regulatory agencies in this unique role. Her skills in management consultation and regulatory compliance have frequently been requested by nursing home and assisted living providers. Her educational contributions to long term care include participation as a guest speaker at various professional association conferences and as an instructor for the IHCA Administrator’s Training Course and the Preceptor Certification Program. She has served as Preceptor for several administrators-in-training. Shelia has been an active member of various long term care associations including the Indiana Health Care Association, the Indiana Association of Homes and Services for the Aging, the American Medical Director’s Association, and Executive Women in Healthcare.

Vivian Wright-Defrees is a resourceful, well-rounded professional with proven experience advancing processes that develops human capital through innovative recruitment, training, and employee development initiatives that empower employees to
meet career needs as well as the needs of the organization. Recognized as an analytical problem solver, results-driven motivator, and flexible leader. Proven ability to assess people and situations quickly and respond decisively. Calculated risk taker who builds strong business relationships based on mutual trust. Seek opportunities with organizations that value best practices in Human Resources, Leadership, Consulting, Project Management, Employee Development, and Retention strategies as integral parts of its mission/vision. Ms. Wright-Defrees holds a Masters in Business Administration from Indiana Wesleyan University, Master of Arts from Ball State University and a Bachelor of Arts from Indiana University.

Aaron Grindstaff  
Regional Director of Operations,  
TLC Management  

Aaron Grindstaff, HFA, LPN currently serves as a Regional Director of Operations for TLC Management in Marion, Indiana. Aaron is a Licensed Practical Nurse and is licensed as an Indiana Health Facility Administrator. Aaron began his medical career in the United States Army. After his training in the military he achieved his LPN license after attending Ivy Tech, Indianapolis. He later went on to pursue his Bachelors in Business Administration from Indiana Wesleyan University and became licensed in Indiana as a Health Facility Administrator. Aaron has spent the past 12 years working in long term care for TLC Management. Since joining TLC he has served as Assistant Director of Nursing, Director of Admissions & Marketing, Regional Director of Business Development, Health Facility Administrator, Senior Administrator, and currently as the Northern Indiana Regional Director of Operations over 8 TLC facilities. Aaron resides in Garrett, Indiana with his wife Crystal and their 4 daughters.

Kathleen Unroe, MD, MHA  
Assistant Professor of Medicine  
Indiana University  

Kathleen Unroe, MD, MHA, is an Assistant Professor of Medicine at Indiana University in Indianapolis. She is a nursing home physician – her research, clinical and policy interests are focused on improving quality of care, particularly access to palliative and end-of-life care, for long stay nursing home residents. Dr. Unroe was awarded a 2014 Paul B. Beeson K23 Career Development Award to examine hospice use in nursing homes. She is the co-project director of OPTIMISTIC, a 4 year $13.4 million CMS funded demonstration project aimed at improving quality of care and reducing avoidable hospitalizations in 19 Indiana nursing homes and is the Principal Investigator of a Hartford Foundation planning grant focused on OPTIMISTIC dissemination. She has also been funded by the National Palliative Care Research Center and was the American Academy of Hospice and Palliative Medicine 2014 Junior Investigator of the Year. She is Vice-Chair of the American Geriatrics Society Public Policy Committee. She was a 2009-2010 Health and Aging Policy Fellow and had a placement in Health and Human Services, ASPE Office of Disability, Aging, and Long Term Care Policy.

Devon Brewer  
Chief Operating Officer  
SafeCare